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**Note: BC = Bonus Chapter on DVD-ROM**

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America by RR Donnelley.

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Our own website is full of information about our video training, what we write and where we speak. Key pages to visit include:  
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We maintain a pair of blogs for ProVideo Coalition. One is an archive of useful articles ([cmgkeyframes.provideocoalition.com](http://cmgkeyframes.provideocoalition.com)), while the other contains commentary and general chatter about motion graphics ([cmgblog.provideocoalition.com](http://cmgblog.provideocoalition.com)).

We've also written a series of articles for Artbeats. You'll find them in their Written Tutorials section ([www.artbeats.com/written\\_tutorials](http://www.artbeats.com/written_tutorials)).

These are some of our favorite blogs, forums, web sites, and user groups when we need to find answers to questions on After Effects:

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When you need to feed the other side of your brain, also visit:  
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